

# Liz Runs the Marathon



Congratulations Senior Sister Liz Ripley who ran the London Marathon on the 24th April 2016 in 6hrs 20mins.

Liz said *"I had a wonderful day, it was hard going at times but the amazing crowds spurred me on. I ran it to raise sponsorship and awareness for the charity TOFS. My son James was born with a rare condition TOF/OA and VACTERL syndrome which was diagnosed when he was 20 minutes old. He went on to have major surgery and continues to have procedures at the Evalina Children's Hospital at regular intervals. His condition will affect him for the rest of his life,*

*but he never moans and just get on with whatever life throws at him.*

*So far I have raised around £3,000 and have been overwhelmed by how generous everyone has been. The charity TOFS would not be able to continue if it wasn't for the generosity of everyone sponsoring me and allowing this charity to continue to support parents like myself. The charity offer emotional support and information to enable families to cope with on-going difficulties of this poorly understood and isolating condition."*